

Jessamy Wood

Jessamy is a founding G.A.L.A. Board Member. She has lived in NH all her life. She has worked as a preservation carpenter at Strawberry Banke Museum, The National Park Service where she worked on many national treasures including making repairs to the torch on the Statue of Liberty, and restored timber frame barns and other old structures. After three trips to the ER in as many weeks she decided that perhaps a less risky form of employment might be a good long-term plan and returned to school to study her other passion, nutrition.

Jessamy is excited to work with G.A.L.A. in making her hometown a more sustainable place to live. She is especially excited to bring her passion and experience with preservation to G.A.L.A.'s Ossipee Mt. Grange Revitalization Project. Similarly, Jessamy's current profession in nutrition contributes significantly to G.A.L.A.'s efforts by making sure people pay attention to their "personal sustainability." Jessamy is currently serves as Secretary on G.A.L.A.'s Board of Directors.

Shawn Papp

Shawn Papp is a founding G.A.L.A. Board Member. He grew up in Virginia and graduated from Virginia Tech in 1996 with a B.S. degree in Crop and Soil Environmental Sciences. Shawn kept a critical lens as he studied everything from plant pathology to soils and environmental science.

Shawn credits his daughter Olivia as the impetus for starting his own organic landscaping company, *Natural Landscapes and Lawncare*. Today, Shawn has more peace of mind than ever before by knowing that his daughter is not being exposed to pesticides used unnecessarily for vanity.

In 2008, Shawn started the G.A.L.A. Wood-share program in his hometown of Sandwich, N.H. This program as distributed over 50 chords of wood to families in need. In 2010 the Town of Sandwich allocated \$2,000 of the town budget to continue and develop this successful G.A.L.A. program.

Carol Holyoake

Carol Holyoake is a founding G.A.L.A. Board Members. Carol has been a Wolfeboro resident for over 10 years. Her experience and involvement include serving five years as the Town of Wolfeboro Chamber of Commerce Director, New Hampshire Department of Tourism Coordinator, and an environmental activist.

Carol's curiosity to learn what makes individuals, communities and cultures tick, along with a desire to preserve what surrounds and nourishes her own life - the beauty of nature; people who care about passing-it-on; the history and sense of place in architecture; an abundance of artistic culture; year-round recreation; and access to fresh, local produce have given her a Jill-of-all trades (mistress of none!) resumé. It includes publishing books on nature and fine art; escorting tour groups; developing cultural and environment tourism programs; organizing conferences on sustainable building practices; facilitating cross-cultural training, working in an art

gallery and learning framing techniques; teaching yoga and managing a variety of non-profit organizations including a chamber of commerce, a museum and a music festival.

Her volunteer work in addition to G.A.L.A. includes hospice work and co-chairing Wolfeboro First Night, and hobbies include hiking, stain glass, rug hooking, cooking, gardening and anything beach-related! Carol is currently serves as Vice Chair on G.A.L.A.'s Board of Directors.

Mary Beth Bryant

Mary Beth Bryant is a founding G.A.L.A. Board Member. As a successful entrepreneur for the last 20 years, Mary Beth Bryant is changing what it means to, "do business." Mary Beth searches for products to sell that are sustainable, environmentally safe, and certified fair trade. Over the last ten years, she has traveled to Thailand, Costa Rica, Vietnam, Indonesia, and Singapore where she witnessed the connections between the consumer patterns in the United States with the living and labor conditions abroad. It quickly became Mary Beth's goal to create a business that would improve these conditions abroad and expose the human-face behind her customer's purchases.

In 2001, Mary Beth started the Bali Education Fund to help improve the quality and access to education in the place she had come to call home - Bali, Indonesian. Today, thanks to the contributions of many Lakes Region residents, the Bali Education Fund provides hundreds of Balinese families with money for their children's tuition so these families no longer have to choose between food and education. The Balinese Education Fund also helps schools directly by purchasing computers, books, uniforms and other accessories that help the students get the most out of their education.

Mary Beth has extensive education in accounting and bookkeeping allow her to effectively balance her steadfast convictions with sound business practice.

Josh Arnold

Josh Arnold is a G.A.L.A. Board Member and the organization's Founding Director. Josh is a uniquely determined, entrepreneurial young man with a steadfast passion for sustainability. By the time he was a sophomore at Wheaton College in Norton, M.A. Josh had designed an independent major in "Global Sustainability." During his senior year, Josh was granted the Emily Susan Hartwell Leadership Award for "Motivating Others in Areas of Social, Political, or Global Responsibility." Josh concluded his college experience by spearheading the Graduation Pledge - a project that committed almost half of his class to furthering the environmental and social integrity of professional career the signatories pursue.

Between 2004-2008, Josh served as a delegation leader at conferences of the UN Commission on Sustainable Development (CSD 15-17). Josh also participated in similar lobbying and policy drafting at the UN Framework Convention on Climate

Change (UNFCCC) meeting in Montreal, December, 2005.

After graduating college, Josh returned to his hometown of Wolfeboro, N.H. and within a few months had founded the nonprofit organization, Global Awareness Local Action (G.A.L.A.). Josh also serves as Vice Chair to the [Wolfeboro Town Energy Committee](#) established to identify and implement cost-effective ways of reducing energy consumption and greenhouse gas emissions in the town of Wolfeboro.

Last spring Josh was recruited into the Global Youth Action Net Fellowship Class of 2009.

Aislinn Johnson – PlusTime NH AmeriCorps*VISTA Member

Aislinn is a New Hampshire native who obtained her dual degree in psychology and family studies at the University of New Hampshire. She has since been working in the social services sector, but has taken time out here and there to lead an adventurous lifestyle--having spent 8 months traveling throughout Australia, New Zealand, and the United States.

It was Aislinn's travels throughout the States that heightened her appreciation for environmentalism. She took the journey in a van that she converted a van to run off waste vegetable oil and toured it to California and back again with some pals-- thanks to the help of an organic clothing company called Mission Playground and an incredible mechanic named Jack Howard. Aislinn and her friend Sara spent a great deal of this trip educating the public about alternative fuels and showing off their van whenever they could--at schools, to the media, or to the locals of the communities they visited on their 30-day route. It was this project--termed the Canola Strollas--that lead to her increased awareness of our limited resources, excessive waste, and the opportunities we have to live as sustainably as possible in a technologically advanced society.

Aislinn's most recent expedition to New Zealand brought her face to face with homes and entire communities that are almost entirely self-sufficient--complete with organic farms, solar power, compost toilets, wood heating, rainwater collection systems, earth ovens and even a unique local currency. She was able to witness the building of a clay "earth-dome" and there were more than enough people eager to teach her about permaculture. She hopes to use some of those lessons learned here in the States to become ever more sustainable herself.

Aislinn is now greatly looking forward to working with G.A.L.A. to continue to expand her knowledge and to contribute to its wonderful philosophy and mission.

Barbara Laverick - *Program Manager, Food & Agriculture*

Barbara Laverick was the first to receive G.A.L.A.'s "Volunteer of the Year" recognition – and yes, it was Barbara's steadfast commitment to sustainable

community building that prompted G.A.L.A. to create the award in the first place!

Barbara is the on-the-ground, go-to, volunteer at the 2009 Wolfeboro Area Farmers' Market (WAFM). Barbara helps with everything from building positive relations with Clark Park abutters, to weekly market setup, to creating a WAFM newsletter that included weekly market updates and a market trivia crossword puzzle.

Barbara's involvement with G.A.L.A. goes well beyond helping with the farmers' market. Barbara and her husband, Chuck, have been loyal "G.A.L.A. Gleaners" for the last two years harvesting hundreds of pounds of fresh produce for distribution to Wolfeboro's All Saints Life Ministries Food Pantry. In addition, Barbara is always willing to help with G.A.L.A. fundraising and promotion initiatives.

And G.A.L.A. is just the beginning – Barbara serves in many community leadership roles involving the Wolfeboro Energy Committee, Wolfeboro Pathways Committee, the Pork Hill Farm CSA Program, the Northeast Organic Farming Association's Winter Conference, among others. Many people will also recognize Barbara's name from her frequent Granite State News Dig It! column contributions.

Barbara has lived in NH for the last 30 years; last 15 being in Wolfeboro. She grew up in Washington DC, lived in Idaho for awhile while she served as a Vista Volunteer, and was Teacher in the coal country of Georgia, West Virginia, and Tennessee. Barbara has been nominated to serve on G.A.L.A.'s Board of Directors.

Noreen McDonald - *Strategic Planning Facilitator & Grants Advisor*

Noreen's background includes twenty-five years of experience as a Project Facilitator/Team Builder. She has been engaged in venues ranging from Hydroelectric Relicensing Projects, Native American and Cultural Resource Groups, Watershed Committees to Resource Conservation & Development Councils. She works with both small and large groups to develop successful partnerships and unique collaborative efforts.

Her expertise includes effective and timely meeting management, building strong collaboratives, breaking down difficult items into manageable chunks for resolution, integrating multiple thoughts/ideas into cohesive solutions, and in finding answers from both inside and outside "the box".

Noreen represented Wolfeboro for 2 years on the Lakes Region Planning Commission. She worked for USDA Natural Resources Conservation Service in New Hampshire as a Grants and Agreements Specialist, with a focus on farm and ranch conservation including the Cheney Farm in Tuftonboro. She is presently the Chair of the Carroll County UNH Cooperative Advisory Council.

Noreen moved to Wolfeboro in 2002, after spending twelve years in the Yosemite area of California. Born and raised in New England, she returned home to be closer

to her three sons and their families and now six grand children.

Jenny Tapper

Jenny Tapper is a goat farmer, cheese maker and small farm advocate. Together with her husband Andy, she owns and operates Via Lactea Farm and Brookfield Dairy, a small mixed farm with a focus on dairy goats and cheese. The Tappers' farm also produces maple syrup, pork, poultry, eggs, firewood, timber, compost, and an annual bumper crop of goat kids. Jenny and Andy provide all of the love, labor and creativity that it takes to keep a farm viable and growing.

Jenny devotes her spare time to farm advocacy and promotion as president of Carroll County Farm Bureau; as an agriculture representative on the Carroll County advisory council for UNH Cooperative Extension; as a founding vendor and volunteer for the Wolfeboro Area Farmers' Market; and as Vice Chair for the Brookfield Agricultural Commission.

Jenny strives to meet the challenges and opportunities of farming in the midst of changes in a food system that reflects the increasing demand for fresh, local, and healthy foods. To Jenny, G.A.L.A. embodies all of the complexity and diversity of a community that is working toward a future in which small farms will be valued and nurtured. Jenny is pleased to offer her hands and heart to that effort. Jenny served on G.A.L.A.'s Board of Directors between 2006-2009

Willie Swaffield - *Special Ops Coordinator*

Willie Swaffield is 31 year-old Wolfeboro, NH native. He is a unique year-round resident who is able to find “enjoyment and employment” in every New England season. Willie enjoys anything that involves the outdoors, but his two real passions remain alpine skiing and water-skiing. During his high school experience at Burke Mtn. Academy, Willie went on a ski-trip to South America and Mt. Hood in Oregon. Willie also stays busy outdoors keeping up with his landscaping and plowing business throughout the year. Perhaps one of the reasons he has stuck around Wolfeboro because he deeply values family and the environment. He is also grateful for his circle of friends in the area. One of those friends happens to be Josh Arnold, G.A.L.A.'s founding director.

Willie has spent countless hours volunteering with G.A.L.A and working with Josh. His truck has become especially handy in helping with odd-jobs like picking up and delivering compost to the food pantry garden, furnishing G.A.L.A.'s office at the Grange Hall, and helping deliver grease for bio-diesel production. Being a regular on-call volunteer has given Willie the G.A.L.A. “Special Ops Coordinator” title.

Willie is also an entrepreneur. He is currently developing a business plan for his own juice company! And as Willie always says, “Think Snow!”

Pat Jones - *Study Circle Specialist*

Pat Jones is a G.A.L.A. rock star. Pat started volunteering with G.A.L.A. in 2007 by helping setup G.A.L.A.'s documentary screenings at the Wolfeboro Public Library. Meanwhile, Pat was one of twelve participants in G.A.L.A.'s first study circle titled "Choices for Sustainable Living," hosted at the Kingswood Youth Center that same year. But Pat wanted to do more than participate; she wanted to organize, and that's exactly what she began to do, and continues to do, today. The last few study circles have been entirely organized and facilitated by Pat. In addition, Pat initiated and continues to manage G.A.L.A.'s annual Compost Bin & Rainwater Barrel Sale.

More on Pat - Pat's love of gardening and the outdoors began early as she grew up in a small NH town on a farm where products included firewood, chickens and eggs, strawberries, and sweet corn for sale, in addition to a large family garden. Time outdoors was spent with her brothers and sister climbing trees, building forts in the woods, and constructing dams on the small streams in the nearby woods.

Growing up in a home without television, Pat became an avid reader. This love of books influenced her education and career choices; she is a graduate of UNH with an education degree and of URI with a degree in Library and Information Services. After many years of public library work, she now works as a librarian in the local school system. School schedules have allowed her to spend summers working as a historical interpreter at Strawberry Banke Museum, a volunteer at Odiorne Point Science Center, and a naturalist for the Appalachian Mountain Club.

Pat has traveled extensively in the US, Canada, and Europe. Many of her travels have been hiking/mountaineering trips. She has climbed several of the Rocky Mountain's 14,000 foot peaks, camped on a glacier in the Cascades, and backpacked in southern Spain. She has also combined travel with service projects such as trail work in Arizona and Habitat for Humanity builds in Alaska and Poland. A favorite trip was an archaeology and conservation project in Utah that she participated in with her grandson.

Pat chose to live in Wolfeboro because of its proximity to the White Mountains. Hiking (both summer and winter), running, xc skiing, and kayaking are favorite activities. G.A.L.A. has given her the opportunity to connect with neighbors and to share her love of the environment while at the same time "giving back" to the local community.